



Indications

Bone health
Inflammatory disorders
Joint pain
Muscle cramps
Sore muscles

Order Information:

For Fast Service
Order Online: www.goenergetix.com
Call Client Care: 800-990-7085
Fax: 866-924-6350

Email: info@goenergetix.com
Client Care Hours:
8:30 to 5:30 ET
Monday - Friday

09040 BioEnergetic Mineral Soak
(16 oz./453 g)

Disclaimer:

Limited to licensed Healing Arts Practitioners for clinical research purposes only.

This information is not meant to diagnose, treat or replace traditional treatment, and has not been approved by the FDA or HPB.

BioEnergetic Mineral Soak

Therapeutic Bath Salts

Product Details:

BioEnergetic Mineral Soak is a combination of magnesium sulfate, Andean mineral salts and pure essential oils. It can be used as a bath salt to help soak away aches and pains while providing the body with an easily absorbed source of magnesium and sulfate.

Magnesium sulfate is one of the critical ingredients in the **BioEnergetic Mineral Soak**. Scientific studies have shown that one of the best ways to deliver magnesium and sulfates to the body is through the skin. Magnesium is the second most abundant intracellular mineral and plays a key role in over 300 metabolic reactions. It is necessary for the production of cellular energy, the electrical stability of cells, the maintenance of membrane integrity, muscle contraction, nerve conduction, regulation of vascular tone and many other biological processes. Sulfates also serve a wide variety of functions in the body. According to the Epsom Salt Council studies, they have been shown to "play a vital role in the formation of brain tissue, joint proteins and the mucin proteins that line the walls of the digestive tract. Sulfates also stimulate the pancreas to generate digestive enzymes and are believed to help detoxify the body's residue of medicines and environmental contaminants." Because magnesium and sulfates are critical to the health of the body, if depleted they may greatly impact overall health. When used as a soak, magnesium sulfate also provides the additional benefit of relieving inflammation, assisting with muscle cramps and alleviating pain.

Mineral salts, the second key ingredient in the **BioEnergetic Mineral Soak**, originate in the Andes Mountains. These salts come from deep inside the earth where thermal pockets constantly spout water. Gathering in small rock pools, akin to tide pools, the "volcanic" water sits under the equatorial sun. At such a high altitude the sunlight quickly evaporates the water, leaving behind the nourishing salts. Endowed by nature with valuable minerals, the salts are gathered using a 30-day process of hand sifting and drying. They are then blended with aromatic pure essential oils for balancing therapeutic effects. These salts provide a host of essential and trace minerals to assist with proper mineral balance, which is a key to relaxation, healthy muscle and bone function.

The **BioEnergetic Mineral Soak** blends the amazing health benefits of magnesium sulfate, Andean mineral salts and pure essential oils. It may be used in any healing strategy to assist the musculoskeletal system, inflammatory conditions and support overall well-being.

Recommended Usage:

For a relaxing bath, pour 1/2 cup (as desired) under warm, running water.

Synergistic Considerations:

Any other Energetix products that work with the featured product.



BioEnergetic Mineral Soak

Key Ingredients:

Magnesium sulfate – Commonly known as Epsom salt, combines the benefits of magnesium and sulfates to be used as a bath soak for the relief of pain, inflammation and muscle cramps.

Andean Mineral Salt – Mineral salts collected from the Andes Mountains, which provide a broad spectrum of minerals and trace minerals to assist with proper mineral balance.

Eucalyptus radiate oil – Traditionally, this oil has been found to have anti-inflammatory, expectorant and anti-infectious actions.

Cedrus (cedarwood) atlantica oil – Cedarwood oil has been found traditionally to be calming and purifying. Other uses include benefiting the skin and underlying tissues, calming nervous tension and helping with overall congestion.

References:

Dr. RH Waring, School of Biosciences. *Report on Absorption of magnesium sulfate (Epsom salts) across the skin.* University of Birmingham. B15 2TT, U.K. r.h.waring@bham.ac.uk
R.H. Waring, School of Biosciences. *Sulfate and Sulfation.* University of Birmingham, Birmingham. B15 2TT U.K.
Essential Science Publishing, 1999. *PDR for Essential Oils.* USA: Essential Science Publishing.
http://www.epsomsaltcouncil.org/health_benefits.htm
http://www.epsomsaltcouncil.org/about_better_health_through_soaking.htm